



Community & Family Learning Courses

COURSE TITLE	START DATE	END DATE	START TIME	END TIME
FL UNDERSTANDING NEURODIVERSE CHILDREN	03/11/2025	08/12/2025	12:30	14:30
FL SUPPORTING FAMILY MATHS	04/11/2025	11/11/2025	09:30	11:30
FL POSITIVE PARENTING	04/11/2025	09/12/2025	09:30	11:30
FL FAMILY WELLBEING	04/11/2025	09/12/2025	13:00	15:00
FL SUPPORT YOUR CHILD ATTEND/ENJOY SCHOOL	04/11/2025	09/12/2025	18:00	20:00
UNDERSTANDING ADHD AND ASD IN CHILDREN	04/11/2025	09/12/2025	19:00	21:00

If you would like to enrol on to a FREE course please Visit our website [aclessex.com](https://www.aclessex.com) and type the course title in the 'Find a course...' box



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COURSE TITLE	START DATE	END DATE	START TIME	END TIME
FL SUPPORT YOUR CHILD ATTEND/ENJOY SCHOOL	05/11/2025	10/12/2025	09:30	11:30
FL ESOL FOR FAMILIES	06/11/2025	11/12/2025	09:30	11:30
FL ASSERTIVE PARENTING	06/11/2025	11/12/2025	09:30	11:30
FL RAISING BOYS	06/11/2025	13/11/2025	19:00	21:00
FL SEND SUPPORT	06/11/2025	11/12/2025	10:00	12:00
FL ZONES OF REGULATION	07/11/2025	07/11/2025	12:30	14:30
FL ESOL FOR FAMILIES	08/11/2025	13/12/2025	18:00	20:00

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ACL

Online Courses

Learning

Community & Family Learning Courses

COURSE TITLE	START DATE	END DATE	START TIME	END TIME
FL SUPPORT SEND CHILD MANAGE BIG EMOTION	11/11/2025	18/11/2025	12:30	14:30
FL MANAGING ANGER IN YOUNG PEOPLE	11/11/2025	18/11/2025	18:00	20:00
FL SEND SUPPORT FOR FAMILIES	12/11/2025	17/12/2025	18:00	20:00
FL SLEEP WORKSHOP	13/11/2025	13/11/2025	13:00	15:00
FL INTERVIEW SKILLS FOR PARENTS	14/11/2025	14/11/2025	12:00	14:30
FL TALKING SO CHILDREN WILL LISTEN	14/11/2025	21/11/2025	09:00	11:30

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Essex County Council



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COURSE TITLE	START DATE	END DATE	START TIME	END TIME
FL RAISING GIRLS	20/11/2025	27/11/2025	19:00	21:00
FL SETTING BOUNDARIES	20/11/2025	27/11/2025	18:00	20:00
FL SETTING BOUNDARIES	21/11/2025	21/11/2025	12:00	14:30
FL MANAGING BIG EMOTIONS	25/11/2025	02/12/2025	13:00	15:00
FL SIBLING RIVALRY	28/11/2025	28/11/2025	12:30	14:30

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