



## Adult Swimming Lessons

**Term Time Lessons (book per Half –term block)**

**Tuesday evening lessons; 18:30 – 19:15  
(45minute lessons)**

**£9.50 per lessons**

- For 18 years and above
  - Beginner
  - Improvers



**SPACES  
AVAILABLE**

**To register interest and book a place please email:**

**Vicky Tidmas**

[vicky@theswimmingacademy.org](mailto:vicky@theswimmingacademy.org)

### **VENUE**

**Burnt Mill Academy, First Avenue, Harlow, Essex, CM20 2NR  
(SatNav on CM20 2NP)**