

"Learning with our head, heart and hands so that we can experience life in all its fullness"

Physical Education

Intent, Implementation and Impact

"Talent wins games, but teamwork wins championships,"

Micheal Jordan.



Intent

At Matching Green Primary School, our Physical Education curriculum is designed to instil a lifelong love of physical activity, promote health and well-being, and develop key movement skills through a broad and balanced programme.

We focus on the three core areas of gymnastics, athletics, and games, ensuring all children build confidence, competence, and cooperation skills. Our unique commitment to swimming from Year 1 to Year 6 provides every child with the opportunity to become a competent swimmer and learn vital water safety skills.

As a small school, we also value the contributions of our older children as sports leaders, fostering leadership and collaboration across year groups. We are committed to inclusivity and ensure that all children, including those with SEND, have the opportunity to participate in physical activity, including events specifically tailored to their needs. In everything we do, we embrace the belief that we are called to "live life in all its fullness" (John 10:10), and our PE curriculum helps every child to flourish physically, socially, and emotionally.

Implementation

Our PE lessons are carefully structured and progressive, following the national curriculum and tailored to meet the needs of every pupil.

In gymnastics, children develop balance, coordination, and core strength through floor and apparatus work.

Athletics lessons focus on building stamina, speed, and technique in running, jumping, and throwing events.

Games activities promote teamwork, tactical understanding, and sportsmanship in both competitive and cooperative contexts.

Swimming is taught weekly in small groups, developing stroke techniques and water confidence from an early age.

Our older pupils regularly support younger peers in activities, creating a nurturing environment that values mentoring and shared responsibility. Furthermore, we actively participate in local competitions and events to provide opportunities for all children to challenge themselves and experience success. Our inclusive approach ensures that children with SEND have access to these events and to additional opportunities designed to meet their needs.

Impact

By the end of their time at Matching Green Primary School, children will have a well-rounded understanding of the core areas of gymnastics, athletics, and games, as well as strong swimming skills that meet and often exceed national expectations. They will demonstrate resilience, fair play, and a positive attitude towards physical activity.

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Participation in competitions and events fosters ambition and self-belief, while experiences in SEND-specific activities ensure every child feels valued and included. The collaborative environment, strengthened by older pupils as sports leaders, ensures that all children feel supported and challenged.

Our PE provision equips children not only with physical skills but also with the confidence and social skills to thrive in sports and beyond, ensuring they truly "live life in all its fullness."