

"Learning with our head, heart and hands so that we can experience life in all its fullness"

RSE and PSHE

Intent, Implementation and Impact



Intent

***We believe that children should learn to "Be yourself. Everyone else is taken"
Oscar Wilde.***

At Matching Green CE Primary School we use a scheme of work that aims give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships and financial matters and will support them in becoming confident individuals and active members of society.

Our scheme of work covers the Relationships and Health Education statutory guidance as set out by the Department for Education, including the non-statutory sex education. It also covers the wider PSHE learning, in line with the National Curriculum requirements that schools 'should make provision for personal, social, health and economic education.'

Children's learning will significantly contribute to their personal development as set out in the Ofsted Education Inspection Framework and promotes the four fundamental British Values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty.

Quality PSHE and RSE teaching is an important element in helping schools to carry out their duty of care with regards to safeguarding. Moreover it aligns with the Church of England charter that expects RSE and PSHE to be taught in a faith sensitive and inclusive way. Please find attached the key principles outlined by the Church of England that must be considered when teaching PSHE and RSE.

Implementation

Our scheme is a whole school approach that consists of five areas of learning:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Our Class Curriculum Coverage document shows when each of the units are covered throughout our two year rolling cycle alongside National Curriculum objectives. Each area is revisited every year to allow children to build on prior learning. The lessons also provide a progressive programme.

The lessons are based upon the statutory requirements for Relationships and Health education, but where our lessons go beyond these requirements they refer to the PSHE Associations' Programme of Study which is recommended by the DfE. Sex education has been included in line with the DfE recommendations and is covered in Year 6 of our scheme.

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The scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

A range of teaching and learning activities are used and are based on good practice in teaching RSE/PSHE education to ensure that all children can access learning and make progress. In each year group, an introductory lesson provides the opportunity for children and teachers to negotiate ground rules for the lessons. These introductory lessons can then be referred to throughout the year to help create a safe environment. All lessons include ideas for differentiation to stretch the higher attaining learners and give additional support to those who need it. Many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in.

Our Progression of Skills document shows the skills that are taught within each year group and how these skills develop to ensure that objectives are securely met by the end of each key stage.

Our RSE/PSHE Vocabulary document outlines the key language children will be exposed to throughout the unit of work.

There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle. The scheme provides consistent messages throughout the age ranges including how and where to access help. These are woven into the whole school curriculum and are in addition to the weekly RSE/PSHE lessons. On occasions teachers may use their discretion to spend longer on a particular topic in a week, or revisit it over the week if this is reflective of the needs of the children.

The role of parents/carers is recognised, and guidance is provided to assist schools on how to work with them and include them in their children's learning.

Strong subject knowledge is vital, staff must feel confident in their delivery of the topics. There is a suite of eight Q&A videos for teachers, featuring various experts covering key areas: families, friendships, healthy and safe relationships, digital safety and the changing adolescent body. All staff at Matching Green CE Primary School undergo annual safeguarding training and are also highlighted to certain safeguarding topics on a monthly basis. This gives them a sound foundation to deal with any safeguarding concerns that may arise as the result of the topics learnt/discussed in the lessons.

Impact

Each lesson features assessment guidance, helping teachers to identify whether children have met, exceeded, or not met the desired learning intention for that lesson.

Each unit of lessons comes with an assessment quiz and knowledge catcher. The assessment quiz is a series of multiple questions; the knowledge catcher contains open ended questions. These can be used at the start of a unit to see what the children already know and to inform planning or can be used at the end to demonstrate progression in learning.

Through being taught the entire scheme in full, children will have met the objectives set out within the Relationships and Health Education statutory guidance and can utilize their learning

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within their daily lives, from dealing with friendship issues to resilience to making healthy choices and knowing where and how to get help when needed.

- Children will be equipped with the knowledge to know what is acceptable and unacceptable behaviour in friendships and relationships
- Children will feel safe at Matching Green CE Primary School
- Children will know where to go to get help or support
- Children will have the skills to become responsible citizens, living out the Christian Values